



February, March, April 2010

Cedar Rapids Emmaus Newsletter



**February's
Newsletter
Sponsored by
The Emmaus
Community**

How would you like to see your reunion groups name here next quarter, or personally dedicated to someone' for a birthday, anniversary or anything you can think of. Not sure what the cost will be . I will let you know for next month. We have every month available..

WHAT TO LOOK FORWARD TO IN 2010

Welcome to a new year for the Cedar Rapids Emmaus Community. Let me introduce myself. My name is Kristy Flack, and I am the Community Lay Director for 2010. My original walk was number 6, and I have participated on several walks including being Lay Director twice. My husband, Mike, and my daughter, Heather are both involved in the Emmaus/Chrysalis Communities. I attended Salem United Methodist Church in Cedar Rapids and am very involved there as well. The year of 2010 looks like it is going to be a great year for the Cedar Rapids Emmaus Community. We have four walks planned this year and all four will again be held at Camp IO-DI-SE-CA near Solon. The spring walks will be in March and April. The fall walks will be in October and November. I know that the Lay Directors for the spring walks are working hard, with God's help, to put together the teams. If they call you, please prayerfully consider answering God's call to be on that team. God has given the Lay Directors these names, which means that he is calling you to be a team member. There are many ways that you can help with the walks that are held each year. Please consider helping set up or clean up the facility. Many hands make light work. Also consider making snack agape. Fruit, nuts, candy, etc. are greatly appreciated and helps save money spent by our community funds. Serving meals is a great way to help out. The kitchen team would greatly accept help, especially at breakfast and lunch times. I know that Saturday night is popular, but consider helping out with all the meals. Attending sponsors hour, candlelight and closing are other great ways to be at the walks. One big way that you can help our community is to consider giving a CASH donation. Since we have moved to campsites, we are paying more for each weekend. Please prayerfully consider making a donation so other pilgrims can have a God-filled, loving, life-changing weekend as you did..

God's blessing to you all,
Kristy Flack 2010 Community Lay Director

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*“he Lord lives; and blessed be my rock() and
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Up coming Walks

We have a Men's walk #143 in the month of March, then the women's walk #144 will be in April.



Recovering Friends
Ellen Johnson
Linda Odeen
Bill Nekvinda
Missy Herring

Joys

The up coming gathering.
The men's & women's walk
Chrysalis April 16-18
Jan F.'s Son got a job after 1 1/2 yrs.
IA Falls gathering on 2/21

Concerns

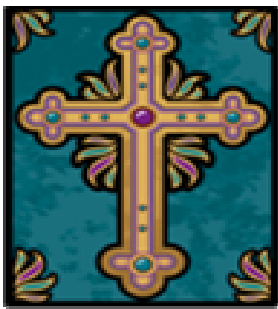
People of Haiti
Military People
Dave Young's Mom
Joe Briley
Harry & Shawna's Family
Michael Renkin's daughter
President Obama



Wednesday, February 25th is Ash Wednesday. Ash Wednesday marks the beginning of the season when we take time for reflection on our lives in preparation for the celebration of Easter. As we get ready for the New Life to invade our hearts and lives once more, we need to die old hurtful habits and patterns that keep us from experiencing the New Hope of Resurrection Life. Ash Wednesday is a day to start anew.

Bible Verse for the month

For great is your love, reaching to the heavens, your faithfulness reaches to the skies. (Psalms



Please keep the pilgrims and team members of upcoming Walks in your prayers as God calls them. Team and Pilgrim list are available on the website.

www.cedarrapidsemmaus.org

Team Selection Committee

If you are called to be on a Team, please prayerfully consider the opportunity, but please return the call promptly. The Lay Director has over 40 calls to make (if everyone says “yes”) and ends up having to call more than 350 calls to fill the Team. ***If you eliminate your “land” telephone line and go to cell phone only, please notify Registration and Team Selection of the new number.*** Without this information, it jeopardizes your opportunity to serve on a Team and increases the number of calls a Lay Director has to make to fill a Team. If you would like to serve on the Team

Selection Committee, please call Jan Fawcett at the number below. We have interesting challenges, which God helps us to meet. We appreciate the different views that each member brings to the meetings. We try to fill the teams following progressive servant hood. If you want to serve on a Team, even if you submitted a “Willing Servant” form, please contact either Julie Copping (women’s teams), (319) 364-6467, copping@riment.com or Chuck Heyn (men’s teams), (319) 668-3433, cdheyn@highlandridge.org

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Jan Fawcett -Team Selection Chair (319) 373-3212

Please remember the CREC in your tithes and offering so others can share in the Emmaus experience we have. Our cost have risen since the flood. Many things need to be replaced and storage is a short coming.

Agape is always needed for up coming walks.

We could use sponsors to offset printing and mailing cost. If interested in helping with this contact Son Dee Geiger @ sondeeg@msn.com or 319-484-2303, c#319-821-0374.

Praise the Lord as we have faithfully marched through another season of walks. Many hearts have been transformed and doors have been opened. What doors has the Lord opened for you? Has He opened doors to serving your community? Has He opened doors to serving within your church? Is He opening doors for you to serve in the Emmaus community? Do we have needs that you can help us with? One of our biggest needs is for a 6 x 10 trailer to store and haul walk supplies in. Perhaps you know where we can purchase a new or gently used trailer. Maybe you know someone who would be willing to donate to the community such a trailer. Between walks we currently store supplies in a board members basement. It takes 2-3 trucks to get everything to the walk site. With the new season of walks coming up we would really love to have a solution to this problem. We would also be greatly blessed if you feel called to donate whatever you can towards the purchase of a trailer. Please contact Dave Young (Community Lay Director) at 319-366-6195 (h) or 319-329-8984 (c) if you are able to help with this need.
Thank you. Shelley Schultz, Agape Chair.

Hello everyone! My name is Missy Herring, I was recently voted on to serve on the Cedar Rapids Emmaus Board. I will be serving as a co-chair of the manuals. If you have any questions or concerns about anything, you can contact me at either 319-545-7835 or hermis91479@aol.com. I work at Grace United Methodist Church, in the office. I also teach Sunday school and volunteer at our VBS in the summer time. I am on a few different committees, which relates to our church and our preschool and before and after school program that we have at the church. Some information about me, I grew up with seven other siblings. I help down at my mom's with her foster care children. I also babysit in the area for a few families. In my free time I like to read and do Sudoku puzzle books, I am also on a bowling league in Cedar Rapids.

God Bless,

Missy Herring

Are you in a Reunion Group? If not, you're missing out on a wonderful experience. It's not too late to join a group. Our focus for the next Emmaus Gathering will be about Reunion Groups. We will meet at Shueyville UMC from 7:00-9:00p.m. on the 20th of April. The meeting may not last that long, but we have the Family Life Center at Shueyville UMC reserved for that time period. If you have sponsored someone on the Men's Walk # 143 in March or the Women's Walk #144 in April, then it's very important that you bring them with you to this meeting. Plan to renew your Spirit in Christ and connect with Christian friends. I am asking for volunteers to assist with planning and/or coordinating the gatherings. If you are interested please email me at maryelgin@msn.com

On Saturday, March 20th & April 10th we will be gathering at Shueyville United Methodist Church for a pot luck. This will allow the community to catch up with each other. Then if we want we can car pool to the camp, for Candlelight service.

**God Bless All,
Larry Elgin**



My name is Chris Werling-Witkoske, a member of New Horizons United Methodist Church in Coralville. I have served on the TLC Committee, Finance Committee and currently Staff Parish Relations Committee Chair. Since completing Walk to Emmaus #122 in May, 2006 I have been blessed to coordinate the college care package team at church sending bags full of agape gifts to students each month. It was a pure joy to work on the Agape Team of Walk 139 last March. This year is full of new commitments for me. In addition to board member of the Cedar Rapids Emmaus Community I am happy to be UMW Spiritual Growth Chair with the Coralville UMC and board member on the Nominations Committee for the UMW East Central District. I love being with other women, participating in Bible studies and serving the church. After a hectic day of work at the University of Iowa in psychiatry research as an Administrative Assistant I enjoy spending time with my husband, talking to my two girls on the phone, reading and spoiling my two dachshunds.

Chris Werling-Witkoske



Newsletter information

Anyone having a special readings, want to sponsor the newsletter. If you have an announcement or anything else you can think of, the deadline for the newsletter is the 20th of every month.

**Please e-mail me @ sondeeg@msn.com or call me
H# 319-484-2303, C # 319-821-0374**

Thoughts

What would the world look like if all believers were Living as God intends?

Who near me needs to hear that God gives second chances?

Jesus said, “Do not worry about tomorrow, for tomorrow will bring worries of its own. Today’s trouble is enough for today.”

(Matthew 6:34)

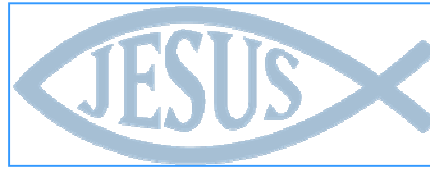
Proverb 29:18.....”Where there is no revelation, the people cast off restraints

Proverbs 27:1 & 2 Do not boast about tomorrow for you do not know what it may bring forth. Let another praise you,

Hi everyone, I'm Son Dee Geiger. I am one of the newest members to the board and Chair person for the newsletter. I live in Olin with my husband Pat, my son Kolin and our two dogs Kouper & Buddy. We belong to the Olin Community UMC. MY life changed after my walk #122. Since then I have had the honor to serve on many walks. Most of all I serve in our church. Right now, I am the Sunday School Superintendent, help out with the Youth Group a bunch of awesome kids. This Spring I plan on helping with Kid's Club. This is an after school program we help kids learn more about God and his great work. I know our paths one way or another. De-Colores

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